Game Play:

BASKETBALLRULES

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DOUBLE DRIBBLE

A player dribbles the ball with both hands at the same time, or they stop and then start dribbling again.

TRAVEL

A player is not allowed to move with the ball if they are not dribbling.



CONTACT

When a player, with or without the ball, pushes or moves in to an opponent.



After a double dribble foul, the ball is passed over to the other team who play the ball in from the sideline After a traveling foul, the ball is passed over to the other team who play the ball in from the sideline

After a contact foul, the ball is passed over to the other team who play the ball in from the sideline

If the foul is committed during the act of shooting, the player is awarded a free throw

Missed shot = 2 free throw Scored shot = 1 free throw

