



Sequence Development



Use the sequence template to plan and record a sequence. When working with a partner, it will be necessary to plan the sequence in unison or canon, as a whole or in part, to accommodate space, apparatus, and the partner balance.

| | Jump | Travel | Roll | Travel | Balance | Travel | Roll | Travel | Jump |
|---|------|--------|------|--------|---------|--------|------|--------|------|
| 1 | | | | | | | | | |
| 2 | | | | | | | | | |
| 3 | | | | | | | | | |
| 4 | | | | | | | | | |
| 5 | | | | | | | | | |
| 6 | | | | | | | | | |