



Skills Assessment: Hockey Development



1 Dribbling



Score

CONTROL	1	2	3	4	5
Forehand					
Backhand					

MANIPULATION	1	2	3	4	5
Indian Dribble					
V-Drag					

Dribbling /20

2 Passing



Score

PASSING	1	2	3	4	5
Push Pass					
Slap Pass					

RECEIVING	1	2	3	4	5
Across the body					
Reverse stick					

Passing /20

3 Attacking



Score

SHOOTING	1	2	3	4	5
Forehand					
Reverse stick					

DEFLECTIONS	1	2	3	4	5
Deflections					
Rebounding					

Attacking /20

4 Defending



Score

TACKLING	1	2	3	4	5
Block tackle					
Reverse stick blk					

INTERCEPT	1	2	3	4	5
Forehand					
Reverse stick					

Defending /20